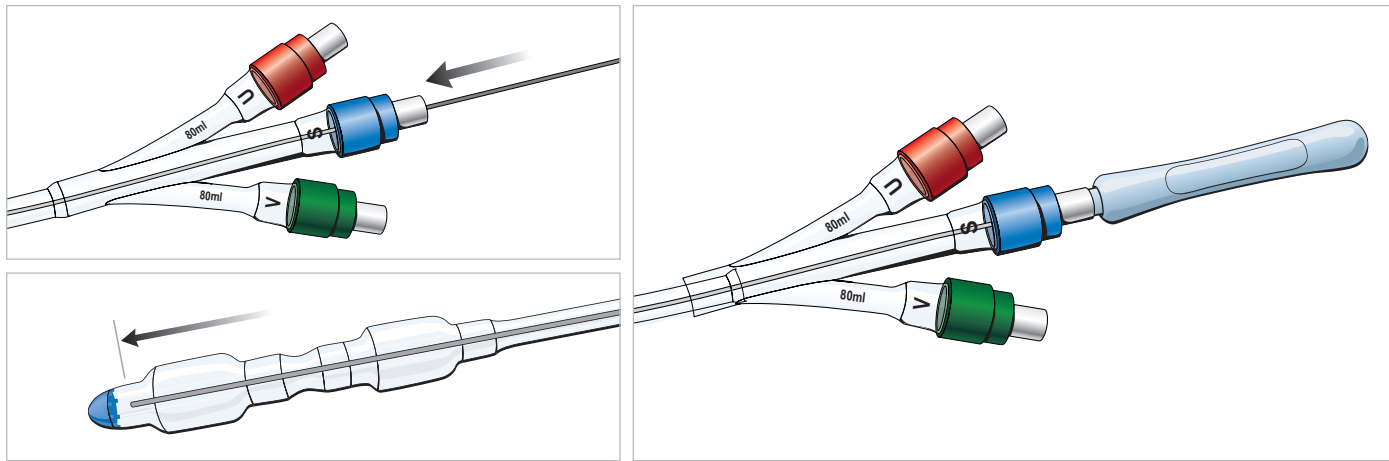


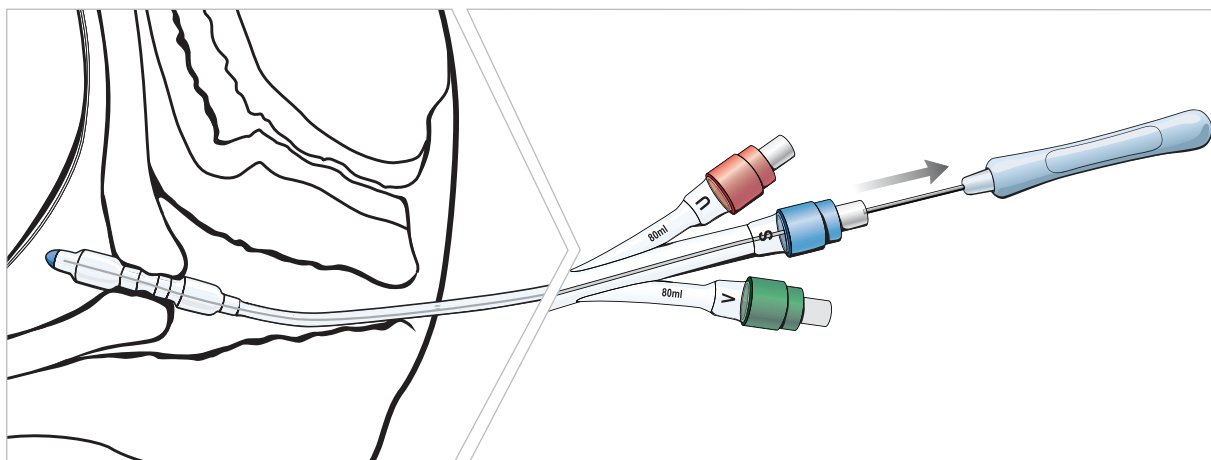


# Technique for Cervical Dilatation

Refer to the **Instructions for Use** for complete information on product usage, precautions, warnings, and contraindications.

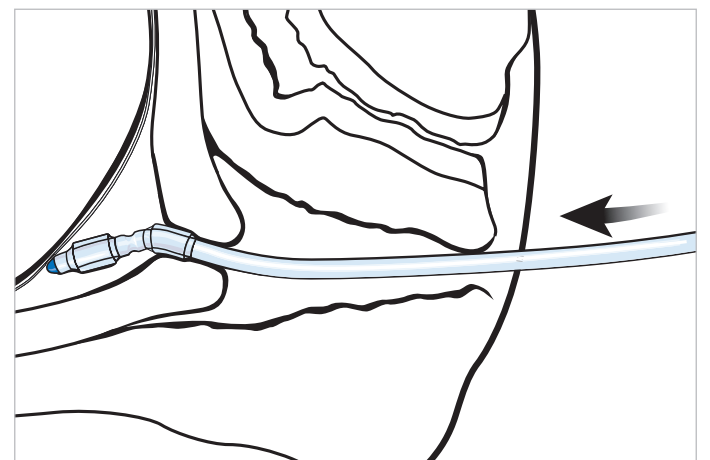


**1** Seat the stylet handle firmly into the blue port labeled "S".

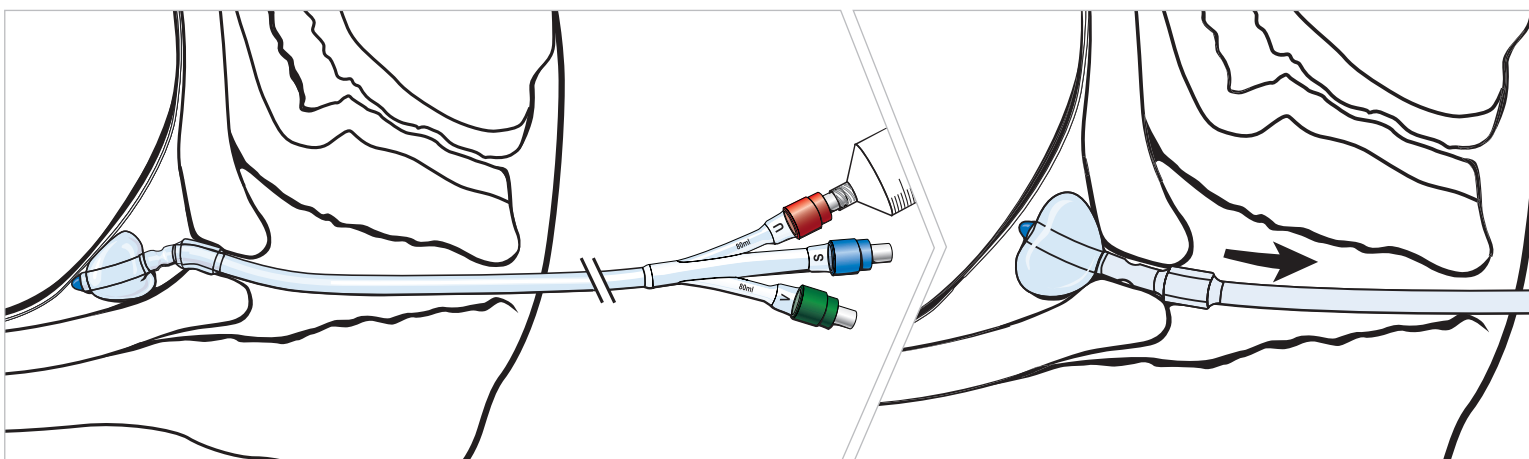


**2** Use the Cervical Ripening Balloon with stylet to traverse the cervix.

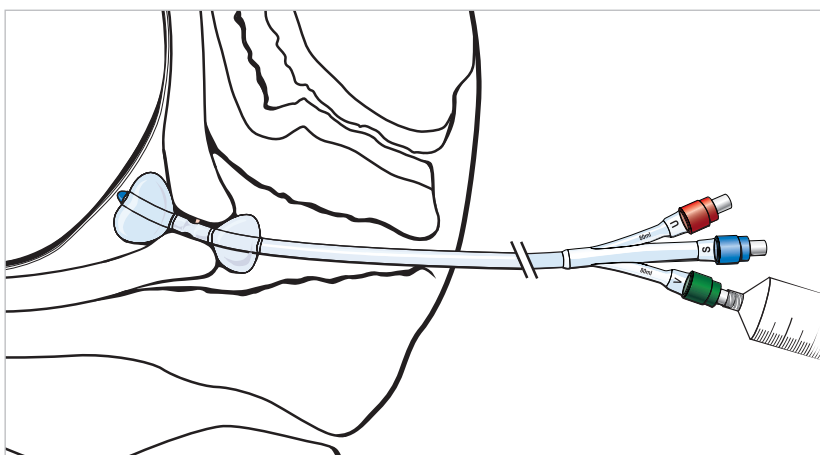
**Note:** Once the cervix has been traversed and the uterine balloon is above the level of the internal uterine opening (internal os), remove the stylet before further advancing the catheter.



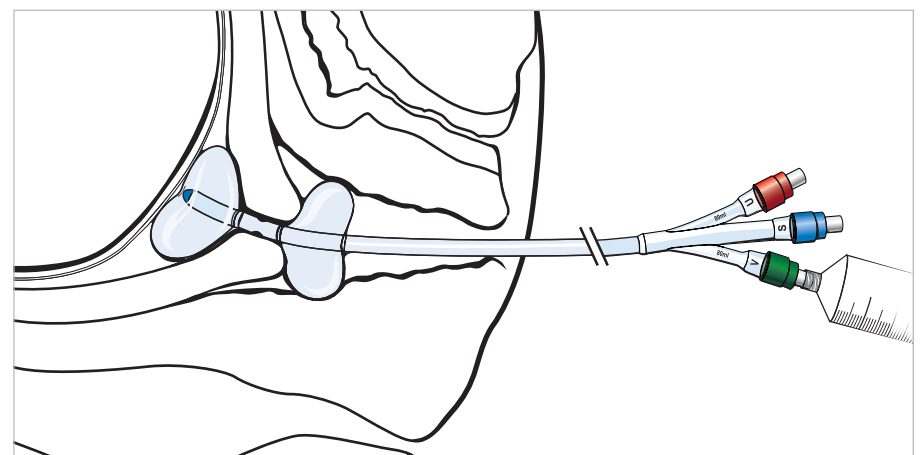
**3** Advance the Cervical Ripening Balloon through the cervix until both balloons have entered the cervical canal.



**4** Inflate the uterine balloon with 40 mL of saline. Once the uterine balloon is inflated, pull the device back until the balloon abuts the internal cervical os.



**5** The vaginal balloon is now visible outside the external cervical os and should be inflated with 20 mL of saline.



**6** Once the balloons are situated on each side of the cervix and the device has been fixed in place, add more fluid to each balloon in turn, until each balloon contains a maximum of 80 mL of fluid. Time the balloon placement so that the balloon is in place no longer than 12 hours before active labor is induced.

Please contact your CooperSurgical sales representative for additional information  
**800.243.2974 | 203.601.5200 | [www.coopersurgical.com](http://www.coopersurgical.com)**